



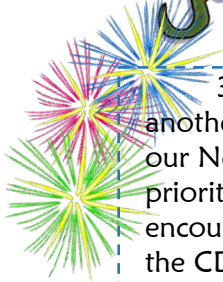
Kid's Chronicle



Monthly Newsletter of LSU Early Head Start
Child Care Partnership Program Volume 2 Issue 5



New Year, New You, New Flu?



3... 2... 1... Happy New Year! Welcome back and thank you for joining us for yet another exciting year with the EHS-CCP Family! As we return to our daily duties and declare our New Year Resolutions, we want our families to take charge in 2017 and make health a priority. Beyond eating healthy and exercising--which are extremely important--we want to encourage you and your loved ones to consider getting the flu shot this winter. According to the CDC, the peak of flu season usually occurs during December and February. And while our winters are pretty mild compared to the rest of the country, we are still susceptible to many of the diseases that accompany the cold weather.

For those who attended our HCl seminars, you received a lot of useful information about how to keep your child from getting sick. Among those methods was the flu shot. In addition to being properly dressed, avoiding germy surfaces, and thoroughly washing our hands, the flu shot is another method to prevent sickness and help the kids conquer the cold. Children aged six months and older are encouraged to be vaccinated and on a yearly basis. The flu takes several different forms and typically has several different strains. Adults, caregivers and other family members are also encouraged to get the shot for safety measures. The CDC found that "the flu vaccine reduces the risk of flu illness by about 50% to 60% among the overall population." If those findings aren't persuasive, then I don't know what is. The shot can be obtained through your primary health provider or at the local drug store. Ultimately, In order to keep our families and children happy and healthy, we highly recommend you consider getting the flu shot this winter.



Message from the EHS Director

Welcome Back! As we begin 2017, we want you all to know that we have been working around the clock to make this year the best EHS-CPP has ever seen. We look forward to opening up our application for the 2017-2018 school year as well as providing each family with even more services, updates, and fantastic functions the whole family will enjoy. We ask that you continue to stay in contact with us through center announcements and newsletters. If you have any questions, please feel free to contact us. Thank you for all your hard work and let's finish out this school year with a BANG!

January 2017

- 1st New Year's Day
- 16th Martin Luther King Day
- 20th Inauguration Day



ANNOUNCEMENT:

With the observance of Martin Luther King Day, we ask that parents pay attention to their children's school schedules and make the proper arrangements. Some institutes will be closed while others may remain open. Just a reminder to stay informed and stay connected. Thanks and Happy Martin Luther King Day!

EHS Meetings & Closures

Clara's Little Lambs

Parent Committee Meeting: Jan. 26th at 4 PM
Early Dismissal: Jan 31st at 1:30 PM

Kids Kingdom Academy

Parent Committee Meeting: Jan. 25th at 5 PM
Early Dismissal: Jan 20th at 2 PM

McMillians First Steps

Parent Committee Meeting: Jan 18th at 4:30 PM
Early Dismissal: Jan. 11th at 2 PM

Toddler's University

Parent Committee Meeting: Jan 18th at 4:15 PM
Early Dismissal: Jan. 10th at 12:45 PM

All Centers:

Holiday: MLK Day – January 16th

one App verification announcements

JANUARY

Looking forward to the next school year? Need to get documentation verified? Want information about all the program options available to your child?

One App Verification Events:

Saturday, January 14, 2016 – Livingston School in New Orleans East @ (10 AM – 2PM)

Saturday, January 21, 2016 – Habans School (Westbank) @ (10 AM – 2 PM)

Saturday, February 4, 2016 – Urban League School Expo @ Mercedes Benz Superdome Field (TBD)

Saturday, February 11, 2016 – Renew School in Uptown New Orleans @ (10 AM – 2 PM)

For more information, please visit EnrollNola.org to find out exactly what documents you'll need



Veggie, Veggie Good Job!

As parents, one of the biggest obstacles to overcome would be getting your toddler to eat their vegetables. Compared to the other food groups, vegetables just aren't as well received. Despite this, these foods provide dozens of benefits for the child's physical and mental development. Hoping they come to like them as much as you do, here's a few crafty ways to help your child eat veggies.

1.) Veggie Purees:

Skip the grocery store by making your own baby foods by pureeing peas, squash, or carrots to give your child that fresh from the farm taste.

2.) Desserts:

Believe it or not, baking dried and minced spinach into brownies gives it a fun texture and delicious taste that kids won't even notice.

3.) Smoothies:

Fruits and veggies go hand-in-hand when it comes to making delicious smoothies the whole family will enjoy.



Let's Talk One App

Is your child transitioning out of the LSU Early Head Start Child Care Partnership Program this school year? **If so, let's discuss your options!**

For more info, please contact Raynell Washington at 504.556.7537.



EnrollNOLA – OneApp

<https://enrollnola.org/>

OneApp Main Round Close - **February 24, 2017**

OneApp Placement Results Available - **Week of April 10, 2017**



Child Care Assistance Program

<https://cafecp.doe.louisiana.gov/edselfservice/>

Education | Nation

Looking for a fun way to help your child learn? Vroom is a brain building program developed to turn everyday tasks into learning opportunities.

Whether at home or in the market, Vroom is a great way to pass time and engage your child in your daily activities. Want to know more? Simply log onto joinvroom.org, sign up, and begin enjoying free and fun activities for the whole family. Want to take it on the go? Download the Daily Vroom app on your mobile device and let the fun begin!



Get Up & Go...

All the events you need to know!



Jan. 2nd: Celebration in the Oaks in City Park

Jan 6th: Joan of Arc Parade in the French Quarter

Jan. 6th & 7th: Battle of New Orleans Anniversary at Chalmette Battlefield

Jan 9th: Parent, Gaurdian, and Me Creative Movement at the Lyons Rec Center

Jan. 29th: King Cake Festival in Champion Square